Dr.Mukul Rajput

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Aiming to facilitate, empower and be a part of individual/organisation’s growth story

# Work Experience

17yrs of diversified experience in coaching, consulting, psychotherapy and training etc. Across the segments

* Practice platforms: Online & Offline with major players in this category
* Practice Area:

1. Coaching – Life, Executive and Business Coaching with emphasis on transformation and performance with wellness
2. Psychological Issues & Disorders – Depression, Anxiety, OCD, Stress, BPD, Bipolar, ADHD, Personality Issues, Anger, Couples, Family, Sexual, Parental Issues, trauma etc.

* Intervention/Therapy: CBT, DBT, Eclectic, ACT, MB(Mindfulness Based) CBT, Mindfulness, Positive Psychology, Meditation and Breathing exercises etc. By Integrating knowledge and process of Neuroscience
* Managing Clients across: Individuals, Corporates, Couples, Students(Focus on Personal/Emotional/Career Issues), Families and Professionals(including Entrepreneurs)
* Language: English & Hindi

# Educational Experience

Doct. In Neuropsychology

MBA(Marketing/HR)

# Interests

Empowering people, Volunteering with Social and Developmental Organisation in CSR, Advocacy, Fund generation, Capacity Building etc.

**Best Wishes**

**Dr.Mukul Rajput**